

EXPERIENCE THE TASTE IN EVERY BITE



Phone : 7821095926

www.phdmeals.in



Lunch & Dinner Veg Meal (Timing 12.30-2.30PM & 7:30-9:30PM)

Each Meal Price | Rs 150 Onwards
(With Free Home Delivery)

Curry /Gravy - Day specific

Amritsari Chole | Rajma Masala | Shahi Paneer | Matar Paneer | Aloo Matar | Kadhi Pakoda | Palak Paneer | Veg Kofta | Gatte Subji | More

Dry Veg - Day specific

Bhindi Masala | Jeera Aloo | Aloo Gobhi | Aloo Thecha | Paneer Chilly | Paneer Bhurji | Pindi Chole | Soya Keema Masala | Mix Veg | More

Dal - Day Specific

Dal Tadka | Dal Fry | Akha Masoor | Dal Makhni | Dal Amritsari

Rice & Roti Selection - In Every Meal

Tawa Ghee hapati | Jeera Rice | Ajwain Paratha

Breakfast Items - All days

Aloo Parathas | Paneer Parathas | Poha | Sabudana Khichdi | Idly Chutney | Rava Masala Idly | Sabudana Vada | Upma | Veg Sandwich

Snacks - All days

Bread Pakoda (Aloo /Paneer /Cheese) | Cheese Balls | Aloo/ Paneer Bread Cutlet | Kanda Bhajiya | Moong Dal Bhajiya

Chinese & Continental Meals - All Days

Fried Rice (Veg /Paneer /Egg) | Hakka Noodle (Veg /Paneer /Egg) | Red, White & Pink Pasta | Chilly Paneer | Manchurians

Indian Desi Special Meals - All Days

Poori Aloo Subji | Pav Bhaji | Biryani | Chole Kulche /Poori | Idly Sambhar | Egg /Paneer Bhurji | Dal Khichdi

OUR MENU - VARIETY THAT RESPECTS EVERY MOOD



FOOD THAT FEELS LIKE HOME

About Us

PHD Meals is a fast-growing cloud kitchen in Wakad, Pune, offering corporate lunch services, daily meals, and catering. We serve home-quality food made with fresh, authentic ingredients and high hygiene standards. Having delivered over 10,000 meals in just 12 months, we are trusted for our consistent taste, reliable service, and commitment to customer well-being.

Why Choose Home-Quality Meals ?

Because good food should feel right.

- Light, balanced meals that suit all age groups
- Familiar Indian home flavours everyone enjoys
- Clean cooking with pure, authentic ingredients
- No heavy masalas, no artificial mix, no shortcuts.
- Varieties like Indian Desi, Chinese & Continental that suit every mood.

The Way We Cook

- **Pure Ingredients** – Fresh vegetables, whole grains, authentic sourcing
- **Healthy Cooking** – Less oil, balanced spices, clean methods
- **Delicious Taste** – Flavours of home cooking
- **Clean Kitchen Discipline** – Controlled batches, consistent quality
- **No Compromise** – On taste, hygiene, or ingredients

Contact Us!



For Orders
7821095926



**WhatsApp
Community**



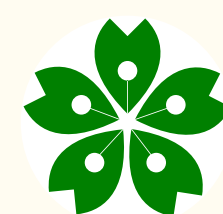
Write To Us
phd.meal@gmail.com



Website
www.phdmeals.in

ADDRESS

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Wakad, Pune- 411057
Phone - 9209776942



PHD Meals
Pure . Healthy . Delicious

HOME-COOKED HAPPINESS, SERVED FRESH ON YOUR PLATE